

EM EFPSA Magazine

April 2020 | Issue 3

Testimonials

from members of our Working
Community

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Events

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and updates on our future events

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Question time!

Working Community shares their
favourite books!

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Do you like what we do? Then help us continue!
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Your generous donation will be used to carry out our **4 core goals**:

1 To serve
psychology
students

2 To contribute
to society

3 To improve
psychology

4 To link professionals,
academics
and students

Dear readers of the EFPSA Magazine,

This is the final edition of the EFPSA Magazine for the mandate 2019-2020! In this edition, the current EFPSA Working Community members shared their experiences of being part of EFPSA during this year and why YOU should be part of the next EFPSA Working Community! You have until the 9th of April to apply for a position within the Executive Board. The Skype interviews will take place on the 10th of April! Apart from this, good news if you have to stay at home, because some of the Working Community members have recommended books for you to read. We hope you enjoy reading the EFPSA Magazine!

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Testimonials
from members of our
working community



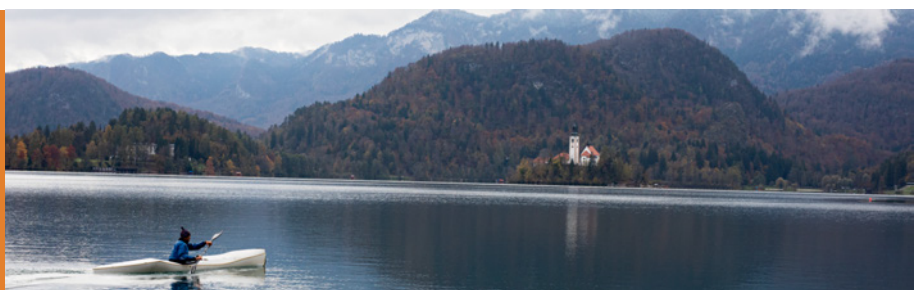
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Question time!
Working Community shares
their favourite books



Finance Office



Antonios Tsikelas

Grants Team Member of EFPSA

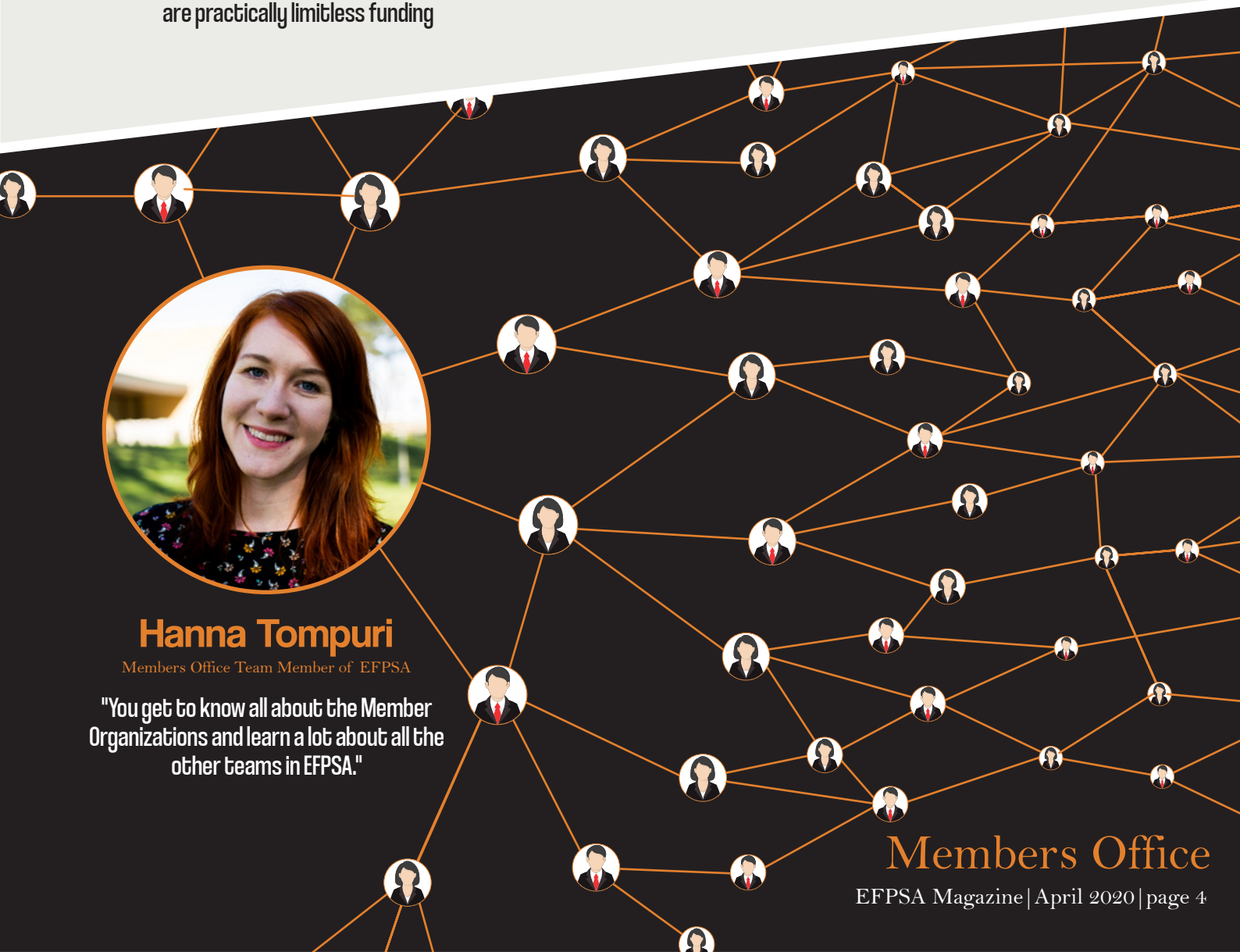
"Writing a grant application in order to fund the whole federation basically means that you will have complete insight, and an actual say, in literally everything EFPSA has in the works. There are practically limitless funding



Hanna Tompuri

Members Office Team Member of EFPSA

"You get to know all about the Member Organizations and learn a lot about all the other teams in EFPSA."



Policy and External Relations Office

"Being the next Policy Coordinator, you will have the opportunity to make an actual change in the educational system.

Apart from that, you will have the chance to explore issues that are interesting to you, develop skills, like writing position and policy papers, conducting research and leading a team."



Eleftheria Foka

External Relations Office | Policy Coordinator of EFPSA

- ◆ *prepare materials for review*
- ◆ *e-mail for marketing team*
- ◆ *lunch*
- ◆ *call with BM at 7*
- ◆ *meeting at 8*

- ◆ *help Eleftheria with materials*
- ◆ *review suggestions from other teams*
- ◆ *lunch*
- ◆ *free time!!!*
- ◆ *team meeting 8PM*



Antonia Armpounioti

Policy Team Member

"Your work has the goal of positively affecting the whole society, trying to raise awareness, suggest solutions and finally make a change to have a better society."

Marketing Office



Anton Grebáč
Marketing Coordinator of EFPSA

"Let your creativity define the recognition of EFPSA among the psychology students on the social media. Sail on the wave of marketing with your social media, designing and photography skills to make unforgettable content."



Bojana Vujović
Training Events Coordinator

"Offering advice and guidance to OrgComs made me feel like an important part of the whole organising process of the Training Events which then would result in feelings of earned pride when the event is delivered with high quality."

Events Office



Michaela Sklatinioti

Training Office | Training Office

"You will be collaborating with a lot of teams and thus a lot of people in supporting your team and the community to evolve further."



Petar Koružnjak

SII | Better Together Responsible

"This position gave me an opportunity to work in an amazing team of individuals who are willing to help and participate in everything we do."



Katrin Češčut

SII | MTM Project Responsible

"What I like most about my position as Mind the Mind Project Responsible is actually seeing the changes we are making with our Campaign."



Dzvezdica Aleksoska

Research Programme | Coordinator

"It's a great opportunity to learn how to lead a team, better your organisation, communication and teamwork skills, expand your knowledge about research, while attending awesome events."



Kimberly Holtz

Study & Travel Abroad | Coordinator

"I was actually able to help psychology students with their plans of living and studying abroad. It was very rewarding to see the positive results of our work."

Psychological research is your passion? Interested in papers and publishing? Then **JEPS** is your place to be!

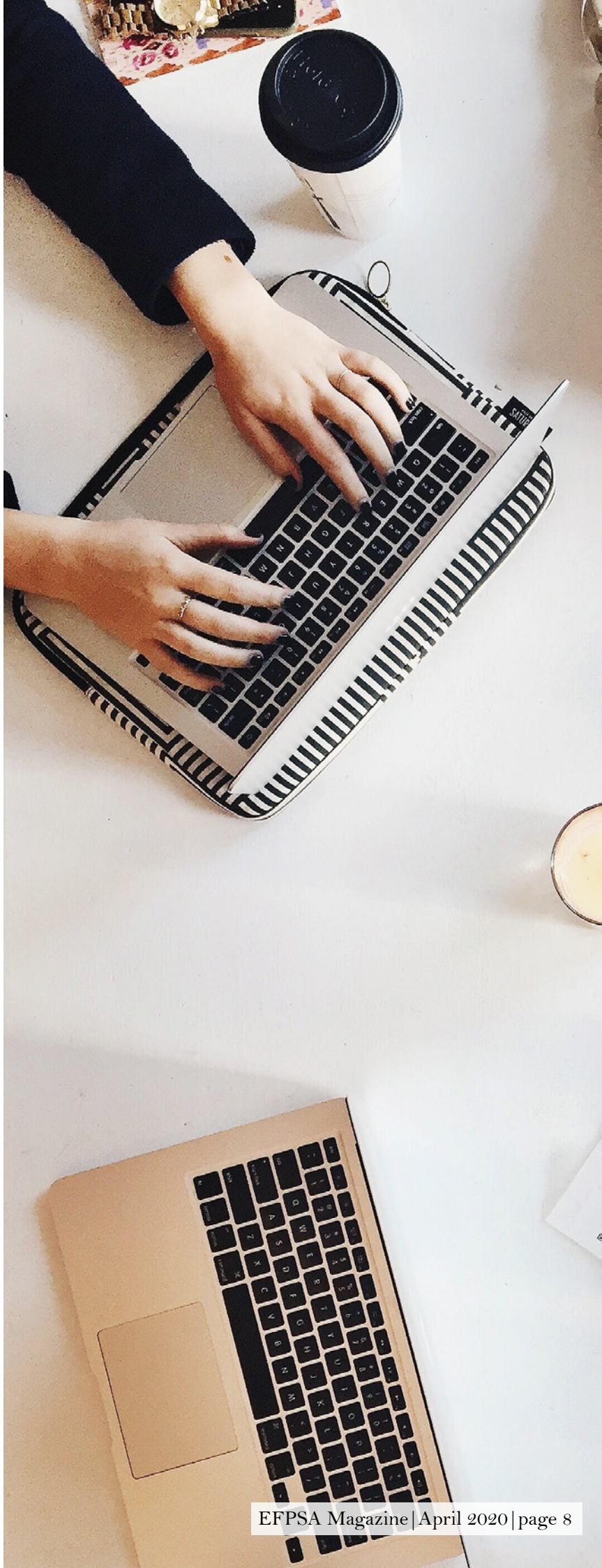
The **Journal of European Psychology Students** offers a unique opportunity for **experiencing research** from a different perspective than usual. You will learn about doing psychological science together with a motivated team!

Our bread and butter is **publishing manuscripts** - you will be **editing submissions**, **giving feedback** on writing and analyses.

But beyond that, we have a broad range of things we do as a team:

- want to write on academic life and research, or interview influential psychologists? **JEPS Bulletin** it is.
- interested in **publishing**, the editorial process, and how to manage a journal?
- you like promotion and how best to reach people? Just the right fit.
- hooked on **Open Science** and want to **educate people** about it? We do, too.

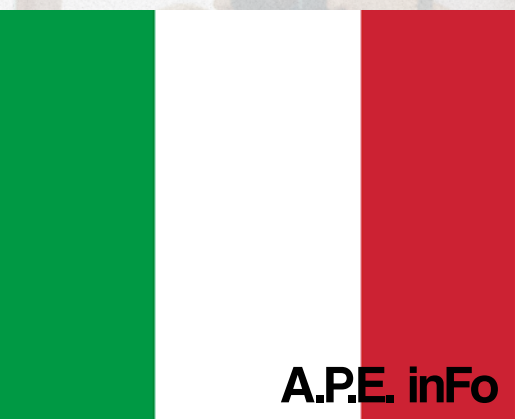
And, of course, every idea for a new project is appreciated - **join us now!**





We are 32 psychology and educational sciences students at the University of Ghent in Belgium. As members of the PPSR (Psychologische en Pedagogische Studentenraad) we represent the 4378 students in our faculty. Our main mission is to represent all students in our faculty on different levels and in regard to different topics. This way, it is possible to improve the learning experience, enhance relationships between students and faculty personnel

and so much more. We would really like to join EFPSA because this way we can offer unique opportunities to all our psychology students such as the academic and professional events, a role in the working community or helping with initiatives such as Mind the Mind in order to make a real change in our society. Thus, joining for us would mean building academic and professional skills which help PPSR, EFPSA and society to move forward.



Associazione Psicologi Europei in Formazione (A.P.E. inFo) is the primary psychology students' association at the Catholic University of the Sacred Heart in Milan, Italy. We are the main point of contact for all students interested in expanding their knowledge base, improving their understanding and applying all the concepts relevant to the study of psychology in practice. We are open-minded and therefore want to begin our participation with

EFPSA and start collaborating in projects with other universities all over Europe. Our desire is to build connections to other associations and have the opportunity to work together and share what we are trying to do in Italy as well. We are extremely motivated to learn about EFPSA and its' members in order to establish a close relationship that will give our students opportunity to travel, meet new people and expand their horizons.



VSPA was built by Albanian psychology students at the Faculty of Education Sciences in Elbasan. We would like to support the development of Albanian psychology students and protect their rights. We have academic activities where psychology students can conduct research and VSPA also collaborates with NGOs and state institutions to help students start their professional practice. VSPA joined EFPSA as an Observer Organisation in 2018, we

are really grateful for the assistance we have received in resolving problems of the psychology field in Albania and in our development. EFPSA is like our grand-mother and we are excited about our membership application. Albanian students can benefit a lot from the membership. They can develop their professional career and we want them to meet people from different cultures and experience the unique atmosphere of EFPSA Events.

A L U M N I

Are you an enthusiastic EFPSA community member who is done with their studies? Do you want a possibility to keep in touch with others like you: professionals in different branches of Psychology who used to volunteer for EFPSA?

You can join our Alumni Network via [this form](#).

The Alumni Board will check your application and confirm you by sending you a registration number. With this number you will be able to register for the yearly EFPSA Congress as an Alumni.

You can also help shape the future of the EPFSA Alumni by voting in the Annual Alumni General Assembly.

Share your expertise in Master Classes or as a mentor (more information about this soon). Please also join our professional network on LinkedIn, where we post information about EFPSA events and updates.

Transform your student network into a professional one! Stay connected! We are looking forward to you!



E V E N T S

34th EFPSA Congress

Unfortunately, due to the COVID-19 pandemic, the 34th EFPSA Congress has been postponed indefinitely. The Congress organising committee and the Board of Management came to this decision with a very heavy heart, however, this was the most responsible action to be taken to ensure the safety of the participants.

The full statement published by the Org Com, can be found on [our website](#).

EHSAS Annual Meeting in Belgium

On January 23rd, Our External Relations Coordinator and Finance Officer attended the EHSAS (European Healthcare Students' Associations' Summit) Annual Meeting in Brussels.

EFPSA, EDSA, EMSA and EPSA worked together on interprofessional education and collaborations. Some of the significant outcomes for EFPSA is that the first inter-organisational exchange will be hosted by us.

The organisations agreed on having joint working groups to write policy papers on common topics such as AMR, digital health, mental health and education.

In addition to this, many more decisions were made towards the collaboration between the organisations.

This year EHSAS will be chaired by EPSA. We look forward to working together on issues of utmost importance for healthcare students.

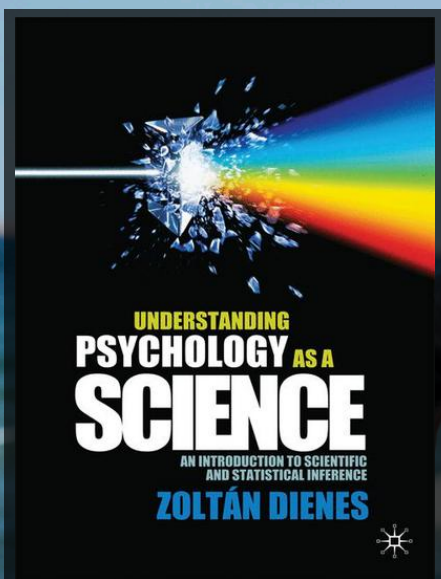


Which book would you suggest to our readers?



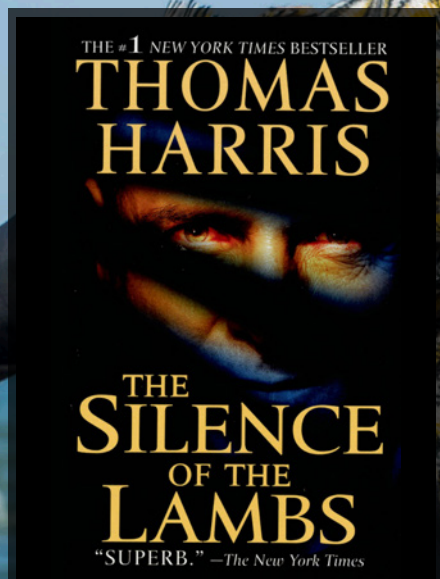
Kimberly Holtz
 Coordinator Study & Travel Abroad of EFPSA

I would recommend the "Neapolitan Novels" to everyone. It consists of four books which focus on the friendship between two Italian girls that grow up in Neapel. It is a thrilling story to observe the development of the two girls and how their destinies are tied to each other, as well from a psychological point of view! In addition, this book will take you to beautiful Italy and I assure you that you want to spend your next holiday there after reading.



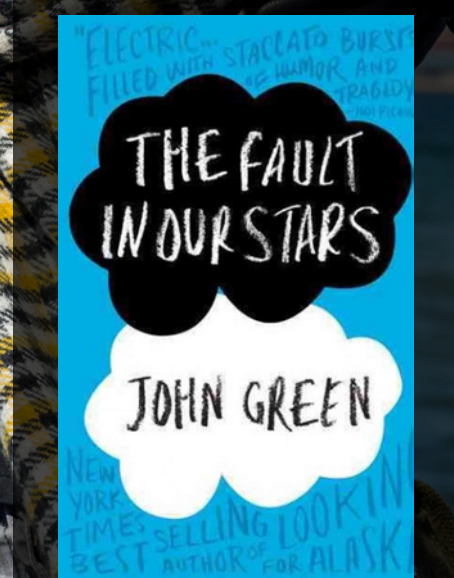
Leonhard Volz
 Junior Coordinator | Journal of European Psychology Students (JEPS)

Zoltan Dienes' famous book is the perfect recommendation for anyone who is interested in learning about the different paradigms that help understand why psychological science works the way it does today. You will get introduced to a little bit of philosophy to understand different historical ideas on how knowledge is created and managed, and to different statistical paradigms, all of it in an easy way, without any prior information necessary. This is an absolute must read for anyone who wants to understand the scientific side of psychology, as well as the strengths and weaknesses of different methods to conduct science.



Kotryna Danielevičiūtė
 External Relations Office | External Relations Coordinator

The Silence of the Lambs by Thomas Harris, is the book I read when I was a teenager and that's on the reasons I wanted to become a psychologist. Even though it is a very intense thriller, that takes all of your attention, for me it was really interesting to read about characters and to see how they develop during the story. Hannibal became one of my heroes – not because he was eating humans, but how smart and brilliant he was at his work as a forensic psychiatrist. If you want to learn more about forensic psychology and want to read bloody good thriller – this book is for you!



Veronika Kocmanová
 EFPSA Member Representatives of Czech Republic

"The novel tells the story of Hazel Grace Lancaster, a 16 year old girl who has had cancer for three years, and Augustus 'Gus' Waters, a 17 year old boy who's now in remission, and once had a tumor in his leg. The two fall hopelessly in love, even though they know their story will only end in heartbreak."